

**From:** Matthews, Catherine  
**Sent:** Tuesday, November 10, 2009 2:56 PM  
**Subject:** EHS Update

**Attachments:** Society of Women Engineers Workshops.pdf; Career Interest Survey.pdf; careergrid1.pdf; Nov 12th Assembly.pdf

### EHS Community

Thank you for all of the support you give the students and staff of EHS! Last week was especially busy with athletic, choir and band events. I know that the staff and students appreciate your support.

We have much to be proud of! The Boys' Cross Country Team took 8<sup>th</sup> in the WIAA 3A State Cross Country meet. We had a Girls' Cross Country runner place 11<sup>th</sup> in the state meet. The Volleyball Team is going on to the state tournament in Kennewick (<http://mywiaa.org/brackets/bbvb.aspx?s=Volleyball&c=3A&y=2009>). One of our swimmers is moving on to the state meet this weekend

(<http://wisca.org/Girlsstatesresult/3agirls/2a.3a2009girlsfinalpsychsheet.pdf>) at the King County Aquatic Center (<http://www.mercerwood.com/maps/kcac.html>). We will have tennis players in the tournament this spring after their amazing season. Though their seasons have ended, both the Football and Soccer teams had a great run this fall. Both teams worked so hard until the very end under terrible weather conditions beating tough opponents. Congratulations to all of our fall athletes!

I wanted to share with you a new activity in which students will be participating this year. Many of you are aware that we have been using the Academic Tracker for the past two years during the registration process. We are taking this to the next level. The counselors will be going into classrooms over the next couple of weeks to begin the process of 4 year planning with Academic Tracker.

This will be a great opportunity for all students to begin the process of planning for their high school classes based on a thoughtful process of planning for what will happen after high school. Each student will be bringing home a pre-lesson worksheet to help them explore strengths that can lead to a career they love. I have attached copies of these forms in case your student forgets to bring them home. While we certainly do not expect every student to know exactly what he or she will be doing in the future, it is important to start planning early. Plans can change. Students who have a goal for the future and a plan to carry it out, tend to do better academically. The Academic Tracker will be updated at least yearly. Eventually we will be taking the next step of adding Home Access to the program so that you can plan with your child at home. This also gives the school projected enrollment data so that we can begin planning for courses much earlier than we do now.

Finally, just a reminder, there is no school tomorrow in remembrance of Veterans' Day. We will be honoring Veterans in our annual assembly. I have attached the

schedule to this email.  
Catherine

### What you will find in this issue:

- [Society of Women Engineer Events](#)
- [Engineering Mentor Night at the UW Bothell](#)
- [Wreaths Across America for Fallen Soldiers](#)

### Society of Women Engineer Events

#### About the Beauty and Brains Workshop

This K-12 workshop will debunk the myth that women engineers are a bunch of nerdy wall flowers. This workshop will introduce K-12 girls to engineering and allow them to do a hands-on experiment. A workbook on engineering, engineering track classes to take in K-12 and further engineering resources will be provided.

Students will be working in teams, designing and building a structure, and challenging their engineering skills using only two building materials!

Details:

**Saturday, November 14, 2009**

**10:00 AM - Noon**

**University of Washington, Loew Hall (room TBD)**

See the attached flyer for more events with the Society of Women Engineers.

<http://sites.google.com/site/swebeautyandbrains/home/about-the-beauty-and-brains-workshop>

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### Engineering Mentor Night at the UW Bothell

On Tuesday, November 17<sup>th</sup> from 6:00-8:00pm our campus, along with the Puget Sound Engineering Council, will be hosting an Engineering Mentor Night. The event will be located in the North Creek Events Center at UW Bothell. We have over 40 engineering professionals from 18 engineering fields coming to meet with students. This event is for students to network with the professionals and explore educational opportunities in engineering within Washington State.

Pizza and refreshments will be provided.

Molly Ormsby

Admissions Advisor

University of Washington Bothell

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**Wreaths Across America for Fallen Soldiers:**

Our Be the Change club is holding a fundraiser to honor veterans for the sacrifices they've made for our country. They are asking for support from friends, family, and EHS staff. It is \$15.00 to sponsor a wreath that will be placed on a veteran's grave, December 12<sup>th</sup> during yearly ceremonies. Proceeds are also used to fund veteran and educational outreach. If you are interested in sponsoring a wreath, please contact Shawna Clark or pick up an order form in the mail room next to the outgoing mail before November 20th. Below is the background information on the organization that heads the project.

Wreaths Across America is an organization pioneered by Morrill Worcester, business owner of Worcester Wreath Company. Mr. Worcester was inspired when at the early age of 12 he won a trip to the Nation's Capital. Later in life, he recognized that his success as a businessman was in large part, due to the values of this Nation and the Veterans who made the ultimate sacrifice for their country. In 1992, his company found themselves with an excess of wreaths nearing the end of the holiday season. Seeing an opportunity to make a boyhood dream a reality, efforts to do something special with those wreaths began in earnest. With the help of Maine Senator Olympia Snowe and the Maine State Society of DC, arrangements were made for the wreaths to be placed at Arlington.

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# CAREER INTEREST SURVEY

As you begin the process of your high school and beyond plan it is important to think about what you would like to do for a career after high school.

There are a lot of different ways to be smart. Knowing where your strengths lie can help you make decisions about what to study after high school and what careers to think about for your future.

Look at the statements in each of the following categories and mark a "1" next to each statement that applies to you. At the end of each category, add up your total points.

## Do you:

- \_\_\_\_\_ Love to read?
- \_\_\_\_\_ Like to tell stories?
- \_\_\_\_\_ Spell well?
- \_\_\_\_\_ Have a good memory for names or facts?
- \_\_\_\_\_ Enjoy learning foreign languages?
- \_\_\_\_\_ **WORD SMART TOTAL**

## Do you:

- \_\_\_\_\_ Make friends easily?
- \_\_\_\_\_ Offer to help when someone needs it?
- \_\_\_\_\_ Prefer to work and learn with others?
- \_\_\_\_\_ Enjoy getting people to see things your way?
- \_\_\_\_\_ Help others around you get along better?
- \_\_\_\_\_ **PEOPLE SMART TOTAL**

## Do you:

- \_\_\_\_\_ Prefer to work alone?
- \_\_\_\_\_ Like to set and meet your goals?
- \_\_\_\_\_ Worry less about what others think about you than most kids?
- \_\_\_\_\_ Have a good sense of who you are?
- \_\_\_\_\_ Enjoy writing in a journal?
- \_\_\_\_\_ **SELF SMART TOTAL**

## Do you:

- \_\_\_\_\_ Like animals?
- \_\_\_\_\_ Care about nature and environmental causes?
- \_\_\_\_\_ Have "street" smarts (the ability to take care of yourself)?
- \_\_\_\_\_ Enjoy taking care of pets?
- \_\_\_\_\_ Enjoy outdoor activities?
- \_\_\_\_\_ **NATURE SMART TOTAL**

## Do you:

- \_\_\_\_\_ Enjoy singing?
- \_\_\_\_\_ Like listening to music?
- \_\_\_\_\_ Read music?
- \_\_\_\_\_ Easily pick up rhythms in the sounds around you?
- \_\_\_\_\_ Remember facts by making up a song for them?
- \_\_\_\_\_ **MUSIC SMART TOTAL**

## Do you:

- \_\_\_\_\_ Like science?
- \_\_\_\_\_ Like solving mysteries?
- \_\_\_\_\_ Enjoy discovering how computers work?
- \_\_\_\_\_ Enjoy strategy games like chess and checkers?
- \_\_\_\_\_ Enjoy counting things?
- \_\_\_\_\_ **LOGIC SMART TOTAL**

## Do you:

- \_\_\_\_\_ Remember faces better than names?
- \_\_\_\_\_ Enjoy building things?
- \_\_\_\_\_ Draw or doodle a lot?
- \_\_\_\_\_ Learn by watching people do things?
- \_\_\_\_\_ Like building models?
- \_\_\_\_\_ **PICTURE SMART TOTAL**

## Do you:

- \_\_\_\_\_ Like to move around and be active?
- \_\_\_\_\_ Move while you think?
- \_\_\_\_\_ Play sports or do well in one particular sport?
- \_\_\_\_\_ Enjoy acting in skits or plays?
- \_\_\_\_\_ Use movement to help you remember things?
- \_\_\_\_\_ **BODY SMART TOTAL**

Use the totals from the front of this sheet find your top two SMART areas.

SMART area #1 \_\_\_\_\_

SMART area #2 \_\_\_\_\_

Using your two SMART areas find the intersection for ideas of careers that may interest you.  
For example if you have Music and Body as your top two your intersection would be *Dancer, choreographer, orchestra conductor*.

	WORD	MUSIC	LOGIC	PICTURE	BODY	PEOPLE	SELF	NATURE
WORD	English teacher, journalist, politician, or speech pathologist.	Music reviewer, lyricist music librarian	Researcher, technical writer, Web master	Advertiser, Web designer graphic designer	Actor, speaker, teacher	Interviewer, public speaking, public relations	Poet, professor, writer	Environmental advocate, screenwriter, natural resource manager
MUSIC	Music reviewer, lyricist, or music librarian	composer, choral director, musician	Sound engineer, video/film sound designer	Instrument maker, sound effects creator, editor	Dancer, choreographer, orchestra conductor	Ethnomusicologist, music store owner, A&R representative	Composer, music video director, music professor	Sound effects creator
LOGIC	Researcher, technical writer, web master	Composer, choral director, musician	Air traffic controller, climatologist, insurance agent, scientist	Architect, cartographer, geometry teacher	Surgeon, mechanic, builder	Business person, criminologist, lawyer	Detective/investigator, inventor, research scientist	Archeologist, environmental lawyer, paleontologist
PICTURE	Advertiser, web designer graphic designer	Instrument maker, sound effects creator, editor	Architect, cartographer, geometry teacher	Artist designer, animator, photographer	Craftsperson, aesthetician, carpenter, hair stylist	Advertising executive, museum guide/curator, art therapist	Film maker, performance artist, artist, art gallery owner	Landscaper designer, nature photographer, chef/cook
BODY	Actor, speaker teacher	Dancer, choreographer, orchestra conductor	Surgeon, mechanic, builder	Craftsperson, aesthetician, carpenter, hair stylist	Fitness trainer, acrobat, lifeguard, welder	Massage therapist, nurse, physical therapist, coach	Acupuncturist, performance artist, personal trainer	Forest/park ranger, animal trainer, rancher, nature guide
PEOPLE	Interviewer, public speaking, public relations	Ethnomusicologist, music store owner, A&R representative	Business person, criminologist, lawyer	Advertising executive, museum guide/curator, art therapist	Massage therapist, nurse, physical therapist, coach	Arbitrator, business leader, police officer, teacher	Film director, social worker, psychiatrist, teacher	Veterinarian, ecological advocate, mountain guide
SELF	Poet, professor, writer	Composer, music video director, music professor	Detective/investigator, inventor, research scientist	Film maker, performance artist, artist, art gallery owner	Acupuncturist, performance artist, personal trainer	Film director, social worker, psychiatrist, teacher	Comedian, entrepreneur, life coach, philosopher	Garden nursery owner, farmer, mountaineer, zoologist
NATURE	Environmental advocate, screenwriter, natural resource manager	Sound effects creator	Archeologist, environmental lawyer, paleontologist	Landscape designer, nature photographer, chef/cook	Forest/park ranger, animal trainer, rancher, nature guide	Veterinarian, ecological advocate, mountain guide	Garden nursery owner, farmer, mountaineer, zoologist	Beekeeper, tree surgeon, fisher, meteorologist

# **1 Hour PM Assembly Schedule**

**1                      7:30 – 8:12**

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**2                      8:19 — 9:01**

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**3                      9:08 – 9:50**

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**4                      Lunch**

<b>1st Lunch</b>	<b>9:56 – 10:29</b>
<b>4th Period</b>	<b>10:35 – 11:20</b>
<b>4th Period</b>	<b>9:56 – 10:41</b>
<b>2nd Lunch</b>	<b>10:46 – 11:20</b>

**5                      11:26 – 12:08**

**6                      12:14 – 12:56**

**Assembly              1:00 – 2:00**



# Science, Math and Technology Workshops

## Upcoming Events Hosted by the Society of Women Engineers (SWE)

### Beauty and Brains Workshop, November 14, 2010, University of Washington

Students will be working in teams, designing and building a structure, and challenging their engineering skills using only two building materials!

<http://sites.google.com/site/swebeautyandbrains/>

### Scholarship Workshop, January 2010, Snohomish County Library

With the continued downturn in the economy, parents and students are in need more than ever college funding. This half day workshop will provide information on finding funding for college from scholarships, loans and grants to K-12 as well as college students.

### What is Engineering Workshop, January 16, 2010

This workshop will introduce students to the world of engineering and explain the classes they need to take in order to be on track to major in engineering in college.

### Engineering Week, Puget Sound Engineering Council Engineering Fair, Museum of Flight, Seattle, February 13, 2010

Engineers Week is dedicated to ensuring a diverse and well-educated future engineering workforce by increasing understanding of and interest in engineering and technology careers among young students and by promoting pre-college literacy in math and science. Engineers Week also raises public understanding and appreciation of engineers' contributions to society.

### SWE Science Fair, April 2010

A Science Fair that gives students the opportunity to present their science experiments and discoveries

### Summer Job Workshop, May 1, 2010

A workshop for K-12 students to discuss job search strategies, resume and interview preparation and launching your own entrepreneurial endeavor



**Excel in academics!**

**Work in teams!**

**Design and Build!**



**Email:**

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to sign up or get more  
information!**

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